## Intervening with a Suicide Threat: General Staff Procedures Check List<sup>1</sup>

If a student has threatened suicide directly or indirectly, the following procedures are to be followed. Take all suicide threats seriously! A suicide threat is to be handled as a crisis intervention and potential medical emergency.

- 1. Stay with the student or designate another staff member to supervise the youth constantly and without exception until help arrives.
- 2. Under no circumstances should you allow the student to leave the school.
- 3. Do not agree to keep a student's suicidal intentions a secret.
- 4. If the student has the means to carry out the threatened suicide on his or her person, determine if he or she will voluntarily relinquish it. **Do not force the student to do so. Do not place yourself in danger.**
- 5. Take the suicidal student to the prearranged room.
- 6. Notify the Student Care Coordinator (\_\_\_\_\_) immediately.
- 7. Notify the Incident Commander (\_\_\_\_\_\_) immediately.
- 8. Inform the suicidal youth that outside help has been called and describe what the next steps will be.

<sup>1</sup> Adapted from material found in *Suicide Prevention Program for California Public Schools*. A document published in 1987 by the California State Department of Education.